

Rick Nizzardini, L.C.S.W., J.D.

Lecturer

EDUCATION

Smith College School for Social Work, Northampton, MA, 1996 ~ 1998
Masters in Social Work

Vanderbilt University School of Law, Nashville, TN, 1990 ~ 1993
Juris Doctorate

Emory University, Atlanta, GA, 1986 ~ 1990
B.A., magna cum laude, English Literature with Minor in Spanish

UNIVERSITY EXPERIENCE

San Francisco State University

Interim Director, Health Promotion & Wellness
May 2015 ~ present

Responsible for creating a new campus department of Health Promotion & Wellness, including reorganization of staff from associated departments on campus and establishing critical department components for effective functioning on a large urban campus. Leadership responsibilities include taking over campus sexual violence prevention education efforts as mandated by Title IX as well as the California State University system. Also responsible for leading staff in peer education program review and development, full fiscal management of the unit, and leading the development of population based initiatives to address health issues including alcohol and drug use, nutrition, sexual health, and mental health.

Also at San Francisco State University ~ Counseling & Psychological Services Center:

Clinical Counselor Faculty (Residential Life) (Student Services Professional – Academically Related II, Tenure-Track)
January 2005 ~ May 2015

Responsible for intake, assessment, on-call crisis triage and intervention, individual and group therapy, and case management to a student and faculty based population at a diverse, urban, public university. Primary responsibility includes consultation, outreach, workshops, drop-in advice, mental health policy development, and crisis support for the SF State Residential Life Program. Additional responsibilities include supervision of

Counseling graduate interns as part of the SF State Peggy H. Smith Counseling Clinic.

University of California, Berkeley ~ School of Social Welfare

August 2006 ~ present

California State University, East Bay ~ Department of Educational Psychology

April 2012 ~ present

San Francisco State University ~ Department of Counseling

August 2006 ~ December 2006

Lecturer at all three universities

Responsibilities include teaching Human Sexuality course for graduate social work, educational psychology, and counseling students with a focus on the exploration of multiple issues related to human sexuality and the diversity of sexual experience across cultures, including sexual orientation and gender identity development with a focus on LGBT folks from communities of color; child sexual abuse; sexuality and living with a disability; sexuality and the sex worker experience; sexual violence and consent; and sexuality and HIV/AIDS.

**University of California, San Francisco ~ Department of Community Health Systems
School of Nursing**

Assistant Clinical Professor, Non-salaried

2002 ~ 2005

Provided clinical training and support regarding mental health issues to graduate nursing students rotating through the Glide Health Clinic. Topics included assessment, diagnosing, and interventions of mental health and substance use disorders for low-income, marginally housed multicultural populations.

University of California, Berkeley Extension

Fall 2001 ~ present

San Francisco State University, School of Social Welfare

Winter 2015

Instructor/Trainer

Teaching pre- and post-licensure human sexuality courses to post-graduate, graduate and undergraduate level students, including education regarding issues related to the intersection of sexual orientation and gender, including those relevant to the transgender population.

Also served as part of the clinical workgroup that created the Professional Certificate Program in Trauma-Informed Interventions at UC Berkeley Extension and currently teach the Overview of Trauma-Informed Assessment and Intervention course.

Also instituted the first course on clinical work with transgender clients at UC Berkeley Extension titled “Clinical Work with Transgender Clients: The Basics and Beyond” in the fall of 2014. The course covers discrimination, oppression, mental health issues, and resiliency in clinical support of transgender and gender-nonconforming adults, children and teens.

University Committees and Advisory Positions

Current:

- *SF State University, Academic Senate, Student Affairs Representative, (2014 – 2017).*
- *SF State University President’s Advisory Board on Gender Equity and Title IX, (Summer 2015 – present).*
- *SF State Foundations of Excellence First Year Experience Committee, Member, All-Students Subcommittee (Fall 2016 – present)*
- *SF State Director of Human Relations Search Committee, Member (Fall 2016 – Spring 2017)*
- *SF State University Safe Zone Ally Program Committee, Chair, (2011 - present, and Co-Chair 2010 - 2011; Member 2008 - present).*
- *SF State University Queer Alliance, Faculty Advisor (2011 – Present).*

Past:

- *SF State University Equity Programs & Compliance Dean Search Committee, Member (Spring 2017)*
- *California Health Promotion Directors’ Annual Meeting, Coordinating Committee Member and Facilitator (Spring 2017)*
- *SF State University Residential Life and University Property Management Gender Diversity Workgroup, Chair (2011 – 2105).*
- *SF State University Counseling & Psychological Services Peer Review Committee, Chair (Spring 2015), Member (Spring 2014).*
- *SF State University First Year Experience Task Force, Member (2014 – 2015) and Member of Cohorted Programs Subcommittee (Spring 2015).*

- *SF State University College of Extended Learning & International Affairs / Residential Life / University Property Management Summer in San Francisco Program Collaboration Committee (Fall 2014 – 2015).*
- *SF State Student Affairs Dean of Students Gender Inclusive Restrooms Workgroup, (Spring 2015).*
- *SF State Health and Wellness Coalition, Member, (Fall 2013 – 2015).*
- *SF State University Residential Life Professional Development Committee, Member (Summer 2014 – 2015).*
- *SF State University Student Success Program Advisory Board, Board Member, (2010 – 2015).*
- *SF State Pride Committee, Member, (2009 – 2013).*
- *SF State University Emergency Operations Committee, Member (Alternate), (Fall 2012 – 2015).*
- *California Faculty Association - SF State University Chapter, Faculty Rights Panel, Member, (Fall 2008 – 2015).*
- *SF State University statutory Faculty Hearing Panel, (2009 – 2015).*
- *SF State University Scholarship Selection Committee, Member, (2012 - 2015).*
- *SF State University Residential Life Resident Services Coordinator Search Committee, Member, (Fall 2014).*
- *SF State University Counseling & Psychological Services Tenure Psychologist Search Committee, Member, (Spring 2014).*
- *SF State University Counseling & Psychological Services Fall Retreat Planning Group, Member, (Fall 2011).*
- *SF State University Student Mental Health Initiative Project Team, Grant Proposal Committee and Suicide Prevention Proposal Subcommittee, Member (Spring 2012 – Spring 2014).*
- *SF State University Student Affairs Response/Intervention Subcommittee of the Sexual Assault and Alcohol Abuse Committee, Co-Chair, (2008-2009).*
- *SF State University Associate Vice President of Strategic Planning and Initiatives and the Dean of Students Workgroup to Address Mental Health Needs in the Residential Communities, Member, (Spring 2012).*
- *SF State University Residential Life Director Search Committee, Chair, (2009 – 2010).*
- *SF State University Residential Life Area Coordinator Hiring Committee, Chair, (Spring 2012).*
- *SF State University Residential Life Area Coordinator Hiring Committee, Co-Chair, (Spring 2010).*
- *SF State University Residential Life Health and Wellness Outreach Coordinator Screening Committee, Member, (Fall 2012 – Spring 2013).*
- *SF State University Property Management Residential Services Coordinator Search Committee, Member, (Fall 2012 and Summer 2013).*
- *SF State University AIDS Coordinating Committee, Member, (2007).*

- *California Faculty Association – SF State University Chapter, Executive Board, Secretary, (2009 – 2010).*
- *California Faculty Association - SF State University Chapter, Faculty Rights Panel Subcommittee on Board Recruitment and Hiring, Member, (2009).*
- *California Faculty Association – LGBT Caucus, Member, (2008-2009).*

COMMUNITY EXPERIENCE

Continuum (San Francisco, CA)

Director, Adult Day Health Center and Project Director of MediCal Waiver and Nursing Case Management Programs

December 2002 ~ June 2005

Responsible for oversight of a multidisciplinary staff of 12 medical, mental health and substance abuse specialists (medical doctors, psychiatrists, social workers, registered nurses, substance abuse and peer counselors) in the provision of adult day health services for a dual and triply diagnosed primarily homeless population living with HIV/AIDS. Primary responsibilities included:

- Upon being hired, successfully increased program revenue in one year approximately \$50,000
- Ensuring program maintains compliance with state and federal regulations, including Title 22 provisions regarding adult day health centers
- Contract monitoring for federal and state contracts totaling approximately \$400,000
- Recruiting, hiring and managing paid and consultative staff, including completion of ongoing personnel evaluations
- Staff training and development, including in-service presentations regarding mental health and substance abuse issues
- Provision of ongoing direct clinical services, including mental health support and case management assistance
- Full fiscal management of 3 program budgets of approximately \$900,000, including budget development and monitoring
- Development and implementation of outreach plan to increase client referrals and maintain financially viable client caseload
- Quality assurance coordination in accordance with state and agency requirements, including organization of internal record keeping audits as well as client satisfaction activities
- Participation in strategic planning and subsequent work plan organizing to concretize the agency-wide strategic plan
- Participation in grant writing coordination throughout the agency
- Successful implementation of financial incentives plan for the ADHC team, a unique plan within the nonprofit arena that promoted team-

building and achievement of program goals to maintain the viability of the program

As Project Director of the MediCal Waiver and Nursing Case Management Programs, I was responsible for ensuring that the home-based case management programs maintained compliance with all California State Office of AIDS regulations; developing QA plans and reporting QA activity to the state; and supervising a staff of 5 social workers, nurses, and paraprofessionals, including supervision of associate clinical social workers for licensure. Additionally, I was responsible for fiscal management of 2 program budgets of approximately \$400,000, including budget development and monitoring; hiring and orienting staff; providing ongoing training to staff; developing outreach plans to increase client caseloads; and planning program development and expansion.

Glide Health Services (San Francisco, CA)

Manager, Mental Health and Complementary Care Services

May 2001 ~ December 2002

Responsible for leading a program and multidisciplinary team of 18 mental health (psychiatrists, psychologists, social workers, psychiatric nurse practitioners, case managers and peer advocates) and complementary care (chiropractors, acupuncturists, massage therapists, reiki masters) providers in the provision of direct clinical services to a homeless multiply diagnosed population within a public health care setting. This included:

- Program development for mental health and complementary care services, including individual and group services, mental health triage procedures, and development and reorganization of mental health intake procedures
- Fiscal management, primarily in assistance with budget development for the Health Services department's overall \$1.1 million budget
- Grant management of over \$300,000 in private grants, including grants from the Schwab Foundation and the Psychiatric Foundation of Northern California
- Fund development, including annual fundraising of over \$300,000 annually from foundations including the Richard & Rhoda Goldman Foundation and the Kohlberg Foundation
- Reviewed and supervised billing and revenues for mental health and complimentary care providers
- Strategic planning with the Health Services Leadership team for the 5-year plan for the department
- Recruiting, hiring and managing paid and volunteer staff, including overall coordination of the mental health and complementary care volunteer program
- Development of graduate social work intern program

- Supervision and coordination of the National Association of Community Health Centers' Community HealthCorps Program at Glide Health Services, including training of full-time HealthCorps HIV and GHS Prevention Advocate
- Quality assurance planning, including ongoing monitoring and ensuring of mental health and complementary care provider compliance with acceptable licensing, certification and accreditation requirements, as well as HIPAA compliance
- Development of outcomes and accountability measurements for the overall primary, mental health, and complementary care services provided in the department, including assistance in redesigning encounter forms, charting materials, and intake/assessment forms to assist providers in clinical work and in complying with confidentiality and applicable ethical standards
- Facilitator of the Glide Clinical Team, a team of 8 mental health professionals from throughout the Glide Foundation Programs, meeting to cross-train over 30 mental health providers, case managers, substance abuse counselors, peer advocates, treatment advocates and outreach workers throughout Glide
- Provision of ongoing direct clinical services to homeless patients within the clinic with a variety of presenting mental health problems, including PTSD, bipolar disorders, depression, anxiety, impulse control disorders, relationship issues, domestic violence, and other issues. Also co-manage patients for other providers, including assistance with obtaining financial entitlements for eligible patients

San Francisco Rape Treatment Center (San Francisco, CA)

Coordinator, Men's Sexual Trauma Program

August 1999 ~ May 2001

Created and developed the Men's Sexual Trauma Program (MSTP), a clinical, research and community advocacy program that focused on providing services and raising awareness regarding sexual violence against men and boys, including childhood sexual abuse and adult male rape. With the Program, the first of its kind in the United States based out of a community rape treatment center, I was the primary administrator, researcher, clinician and community educator.

Primary responsibilities included:

- Program development from the inception of the MSTP, including creation of clinical criteria for entry into the treatment program; referral protocols from internal S.F. General public hospital referrals as well as external community based organization referrals; and overall management of all clinical protocols associated with the program

- Research development, planning and implementation, including quantitative and qualitative research collection and analysis covering issues of PTSD prevalence; the correlation between historical substance use and PTSD; the effects of gender socialization on the lives of male sexual assault and abuse survivors; and pre- and post-treatment assessments of treatment goals and benefits
- Community outreach, including in-service educational trainings at area agencies, hospitals, universities, and other community based organizations
- Alliance building, including the unification of community agencies to create the Alliance Against Sexual Violence Against Men, a community collaborative working in the San Francisco Bay Area and exporting materials throughout California
- Diagnostic assessment and ongoing short and long-term clinical treatment (individual and group) with male survivors, including specialization in issues related to trauma, posttraumatic stress, substance use, depression, dissociative identity disorder, and personality disorders

**San Francisco General Hospital, Department of Psychiatry, Psychosocial
Medicine Outpatient Clinic (San Francisco, CA)**

Clinical Social Worker

January 1999 ~ June 1999

As a member of the Trauma Recovery Outreach Project, a trauma-focused case management/home-based therapy program for clients recently injured because of interpersonal violence or accidents, responsible for assisting in the following:

- Protocol development for the pilot project
- Research administration
- Medical and psychiatric personnel coordination
- Direct service delivery to a diverse, primarily homeless population, including management of crisis on-call duties with the Project
- Coordination with the California State Victims of Crime Program

Additionally, as a clinical member of the Outpatient Clinic, responsible for outpatient diagnostic assessment and clinical treatment of individual patients in a short-term trauma model focusing on issues including domestic violence, sexual assault, posttraumatic stress, substance abuse and recovery, gender identity issues, anxiety and mood disorders, and life transition issues.

Community Committees and Professional Associations

Current:

- *National Association of Social Workers, Member, (1998 – present).*

- *The Coalition for Clinical Social Work, Steering Committee Member* (Winter 2009 – 2014); *Member, Mentorship Committee, (2015- - present)*; *Chair, Program Planning Committee* (2012 – 2014); *Smith College School for Social Work Community Practice Project Advisor* (2011 – 2012).
- *City College of San Francisco Trauma Prevention and Recovery Certificate Program, Community Advisory Committee Member, (2010 – present)*.
- *San Francisco Center for Psychoanalysis, Community Member, (2007 present)*.

Past:

- *NASPA Student Affairs Administrators in Higher Education, Professional Affiliate (Faculty) Member, (2014 – 2015)*.
- *Student Affairs Administrators in Higher Education (NASPA) 2015 National Annual Mental Health Conference, Program Reviewer, (Fall 2014)*.
- *San Francisco Mental Health Board, Mental Health Professional Seat, (2002 – 2003)*.
- *Conard House, Director on Board of Directors, Vice-Chairman (2003 – 2006)*.
- *California Association of Adult Day Services Board of Directors (2004 – 2005), Adult Day Health Center Waiver Conversion Workgroup (2004 – 2005), and Adult Day Service Quality Care Awards Selection Committee (2005)*.
- *American Association of Sexuality Educators, Counselors & Therapists, Member, (2005 – 2012)*.
- *San Francisco Commission on the Status of Women’s Adult Sexual Assault Task Force Policy Subcommittee, Member, (1999 – 2001)*.
- *San Francisco Department of Public Health – Community Behavioral Health Services Clinical Services Focus Committee, Member, (2002)*.
- *San Francisco Adult Day Health Network, Member, (2003 – 2005)*.
- *Edward Bennett Williams American Inn of Court, Member, (1994 – 1995)*.
- *District of Columbia Legal Community AIDS WALK Taskforce, Member, (1994 – 1995)*.

LEGAL EXPERIENCE

Shaw, Pittman, Potts & Trowbridge (Washington, D.C.)

Associate Attorney

October 1993 ~ April 1996

Primarily involved in white collar criminal, commercial and pro bono litigation, with a focus on domestic violence work (including civil protection order, divorce and child custody negotiation and litigation); and editing and drafting portions of a domestic violence treatise (written by Fredrica L.

Lehrman, Chairwoman of the American Trial Lawyers Association Committee on Domestic Violence). Practice also included social security appeals litigation for HIV+ individuals, federal habeas corpus/death penalty litigation, employment discrimination litigation, and constitutional litigation (equal protection).

**Domestic Violence Clinic of the District of Columbia Bar Association
(Washington, D.C.)**

Pro Bono Domestic Violence Legal Advocate
March 1995 ~ April 1996

Legal representation of victims of domestic violence before the D.C. Superior Court, including cases for protection orders, divorce, and custody litigation.

**Whitman Walker Clinic / Shaw Pittman Social Security
Reconsiderations and Appeals Program (Washington, D.C.)**

Program Coordinator and Supervising Attorney
January 1995 ~ April 1996

Created and implemented volunteer program for HIV+ and AIDS infected persons based out of a D.C. law firm, in which legal assistants and attorneys offered pro bono representation to those individuals denied Social Security benefits. Recruited and supervised legal assistants for participation.

CONSULTING EXPERIENCE

Program Developer and Manager; Marketing and Public Relations
Coordinator; Grant Writer, Researcher, Manager;
Workshop Coordinator and Trainer; Retreat Facilitator

**National Association of Social Workers
The San Francisco Adult Day Services Network
City College of San Francisco
California State Compensation Insurance Fund
Lincoln Child Center
Sunnyvale School District, Sunnyvale, California
The Institute on Aging
East Bay Community Recovery Project
San Francisco Child Care Providers' Association
San Francisco Community Living Fund
Continuum HIV/AIDS Services
The Village Residential Services at San Francisco State University
The Glide Foundation
The Lighthouse for the Blind**

UCSF Langley Porter – Department of Psychiatry

2005 ~ present

LICENSES AND CERTIFICATES

Licensed Clinical Social Worker, California Board of Behavioral Sciences

LCS 20716

March 2002 ~ present

Licensed Attorney, State Bar of Georgia

Member Number 545230

1993 ~ present

**San Francisco Center for Psychoanalysis Psychoanalytic Psychotherapy
Training Program**

Certification 2016 – two year intensive psychanalytic clinical training

San Francisco County 5150 Certification

April 2015 ~ present

Mental Health First Aide

Certification

January 2012 ~ present

ASIST Certification – Applied Suicide Intervention Skills Training

June 2014

Mental Health First Aide Trainer

Certification

January 2012 ~ January 2014

HONORS AND AWARDS

**Bronze Pin Award from the National Residence Hall Honorary, San
Francisco State University Chapter**, for outstanding dedication,

service, and leadership to on-campus Residential Life

Spring 2014

**Fellowship Award Recipient, The Open Society Institute ~ The Center on
Crime, Communities & Culture**

August 1999 ~ May 2001

**Eleanor Clark Thesis Prize (awarded for excellence in research), Smith
College School for Social Work**

August 1998

Vanderbilt Law Review and Dean's List, Vanderbilt University Law School

1992 ~ 1993

PRESENTATIONS

- National Association of Social Workers, California Chapter – 2015 Annual Conference (South San Francisco, California): “Human Sexuality and Mental Health,” Presenter, October 2015
- The Coalition for Clinical Social Work (San Francisco, CA): “How to Start A Private Therapy Practice,” Presenter, October 2015
- Student Affairs Administrators in Higher Education (NASPA) 2015 National Annual Mental Health Conference (National Harbor, Maryland), Workgroup Member, NCAA Mental Health Workgroup on Proposed Best Practice Guidelines for Mental Health Management of Student Athletes, January 2015
- National Association of Social Workers, California Chapter – 2014 Annual Conference (Burbank, California): “Human Sexuality and Mental Health,” Presenter, October 2014
- Commonwealth Club of California, Grownups Forum Presentation (San Francisco, California): “Still Got It, Still Doing It: Sexuality and Intimacy in Older Adults,” Presenter, September 2014
- Open Society Foundation – 2014 National Soros Justice Fellowships Conference (Santa Ana Pueblo, New Mexico): “Strategies for Managing Discussions on Sensitive Topics with Clients, including Trauma, Immigration Status, and Sexuality,” Co-presenter, July 2014
- Student Affairs Administrators in Higher Education (NASPA) National Annual Mental Health Conference (San Diego, CA): “What’s Everyone Talking About? Let’s Talk! – Implementing a Non-traditional Mental Health Program,” Presenter, January 2014
- National Association of Social Workers, California Chapter – 2013 Annual Conference (Oakland, California): “Human Sexuality and Social Work – Prelicensure Workshop,” Presenter, October 2013
- Suicide Prevention Regional Conference (San Francisco, CA): “Unique Challenges in Suicide Prevention and Mental Health Care for LGBTQ People,” Co-presenter, October 2013
- Violence Against Women’s Act Task Force Meeting (San Francisco, CA): “Empathically Supporting LGBTQ and Trauma Clients in the Legal and Immigration Systems,” Presenter, March 2013
- Student Affairs Administrators in Higher Education (NASPA) National Annual Mental Health Conference (Atlanta, GA): “Home Is Where the Counseling Is: The Origins of a Res Life Counseling Program at SF State,” Presenter, January 2012

- The Coalition for Clinical Social Work (San Francisco, CA): “Staying Alive As A Social Worker: How Consultation, Mentorship, Intellectual Challenge and Professional Flexibility Sustain Us,” Co-presenter, November 2011
- The Coalition for Clinical Social Work (San Francisco, CA): “An Evening Focused on Clinical Social Work and Collegial Connection – Clinical Presentation and Discussion,” Presenter, April 2010
- Fourth Annual Early Childhood Educators’ Leadership Conference (San Francisco, CA): “Conflict Mediation: An Essential for Great Leadership,” Presenter, September 2009
- Ninth International Conference of the National Organization on Male Sexual Victimization (New York, NY): “Developing a Men’s Sexual Trauma Program – The Struggles and Successes,” Presenter, October 2001
- National Organization on Male Sexual Victimization, Western Conference (Monterey, CA): “Recovery from Adult Male Rape,” Presenter, September 1998